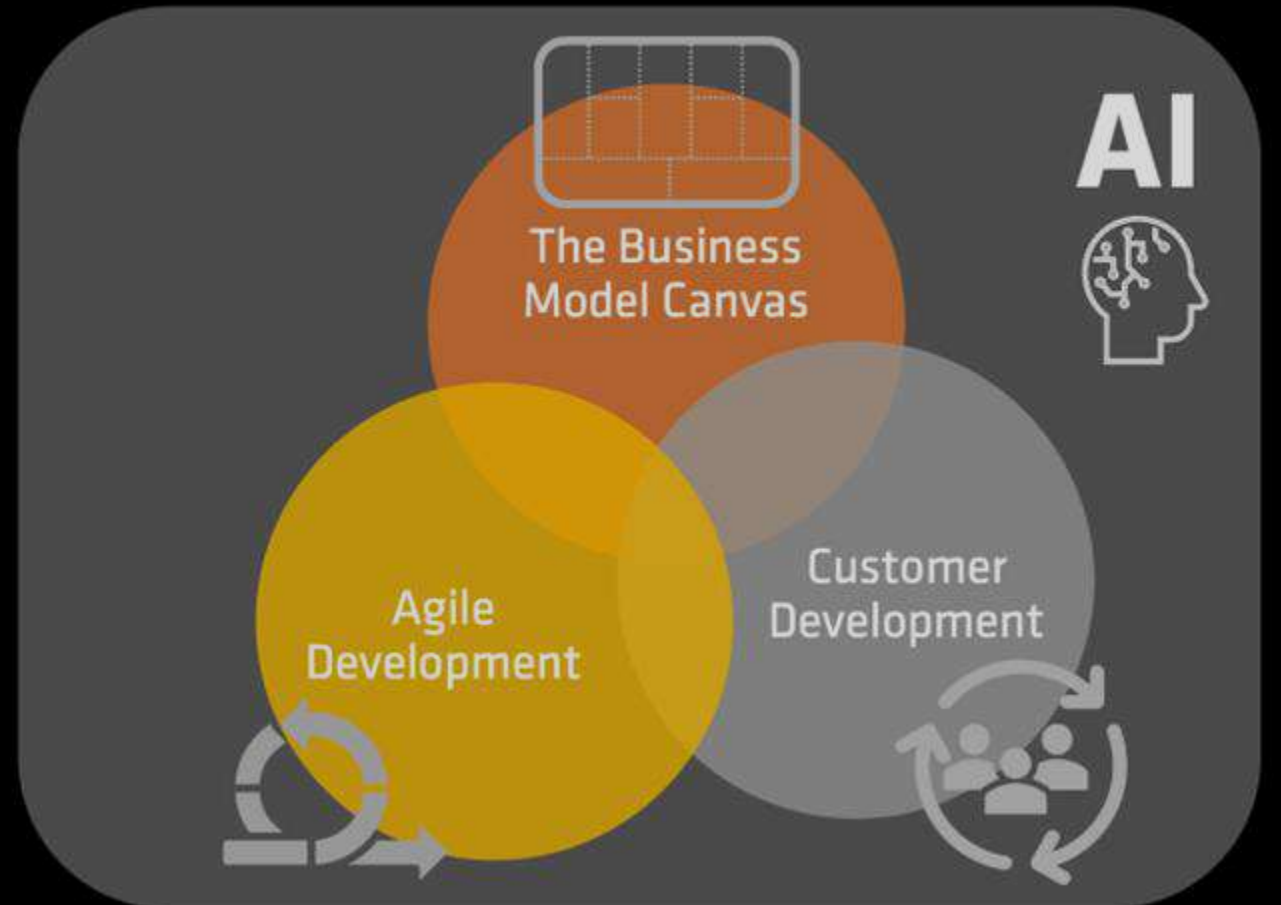


Entrepreneurship, Innovation and Technology Transfer

Innovation Mindset

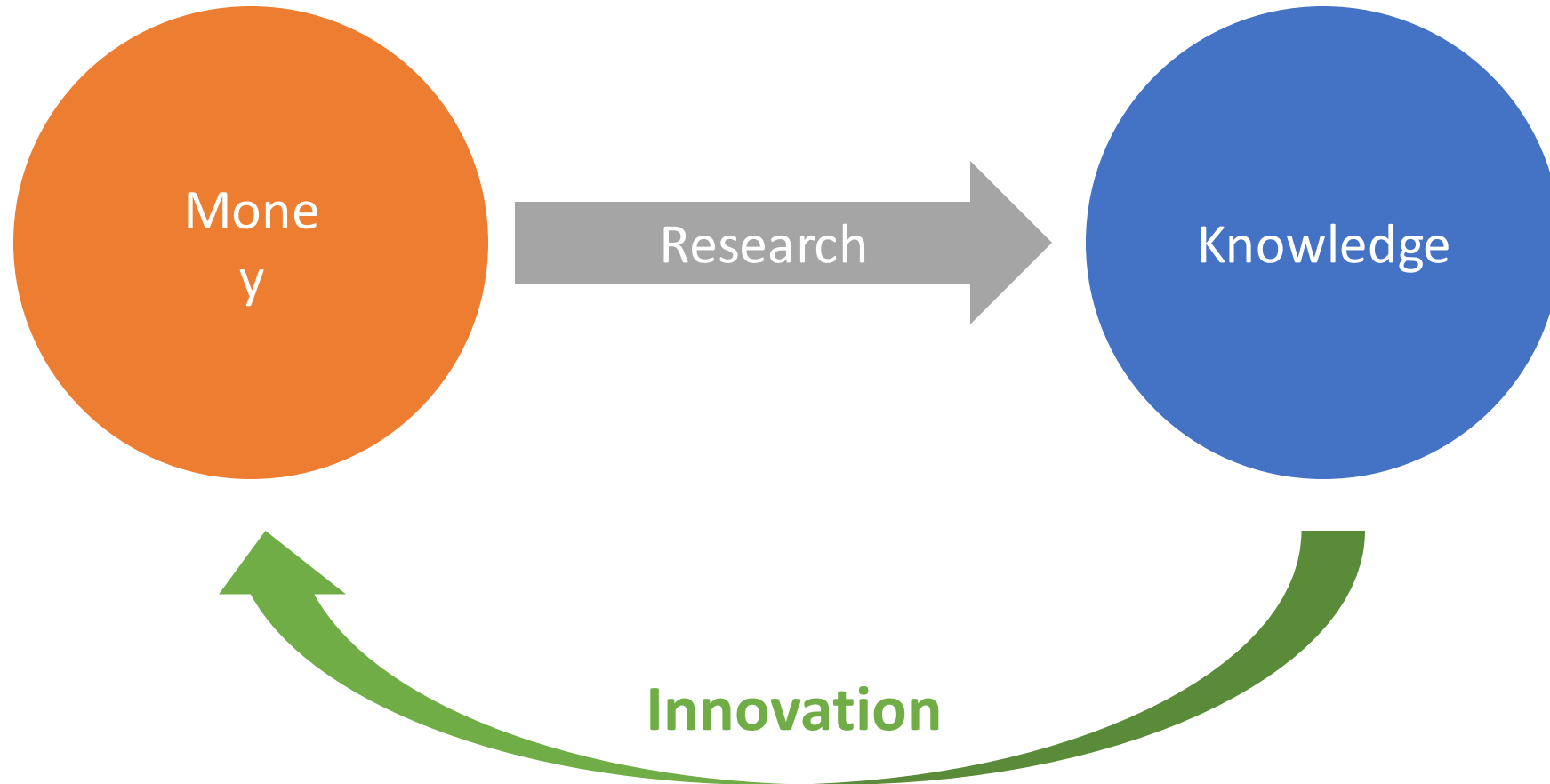
Luis Caldas de Oliveira

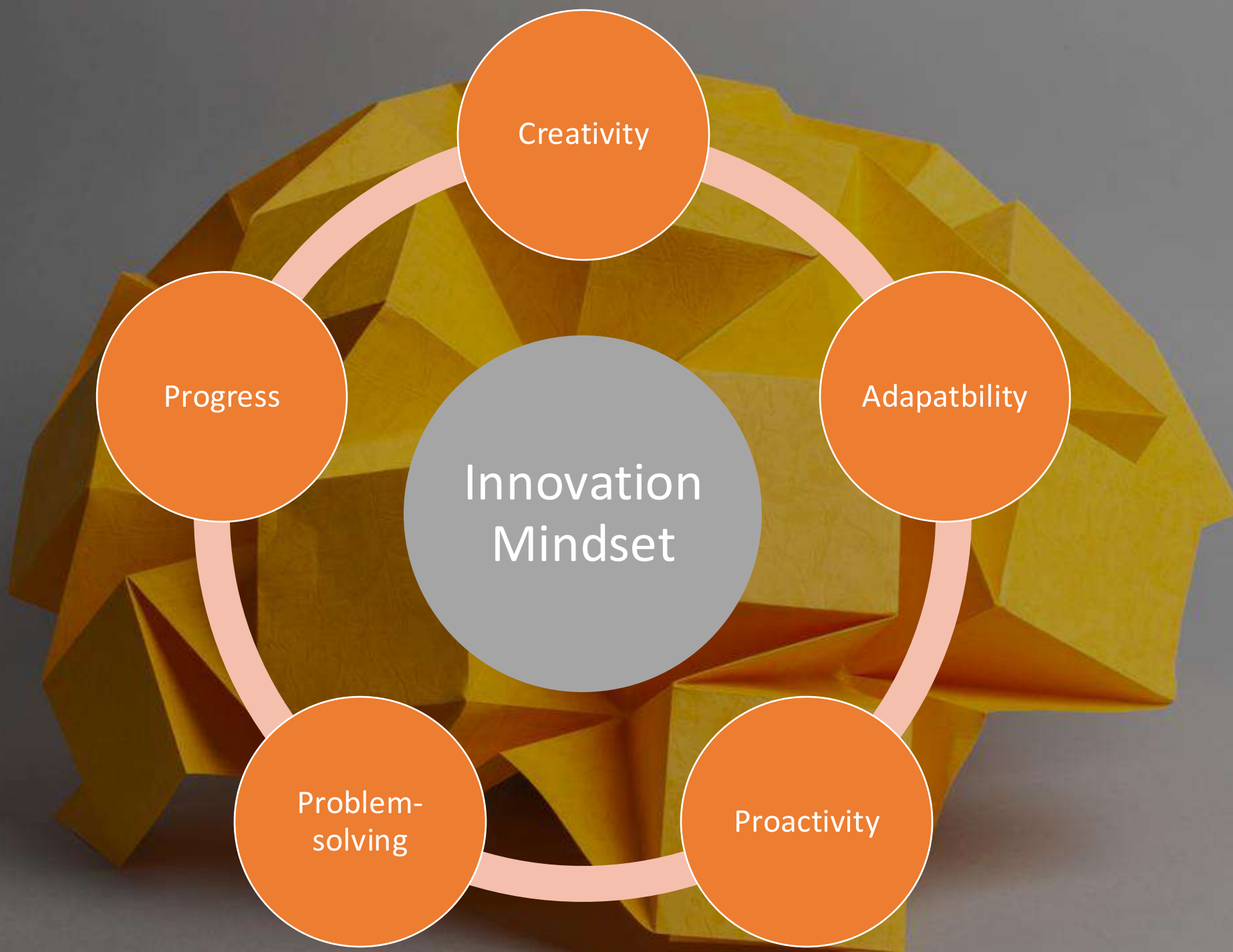


Please close your computer and mobile
phone



Research vs Innovation







Innovation
Mindset

Navigate
Challenges

Seize
Opportunities





The 6 Key Components of an Innovation Mindset



1 Trust

The expectation that others will act in a way that is beneficial or at least not harmful to one's interests



2 Resilience

Maintaining a positive perspective, managing stress effectively, and continuing despite setbacks



3 Diversity

In any group or organization, diversity can manifest in the variety of backgrounds, skills, and viewpoints that individuals bring



4 Belief



Confidence in one's abilities, ideas, or the potential of a concept or outcome



5 Good Enough

Accepting solutions or products that meet necessary requirements and function adequately, rather than aiming for perfection



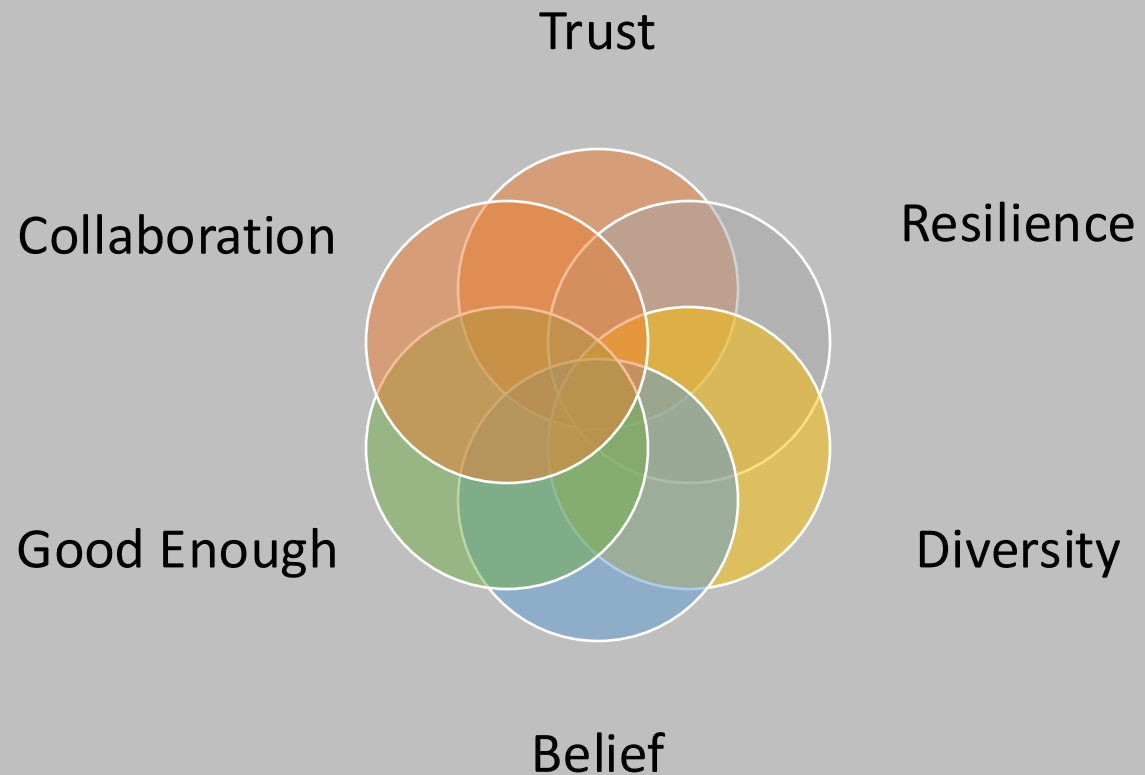


5 Collaboration

Working together with one or more individuals to achieve a shared objective, utilizing the collective skills, knowledge, and perspectives of all participants



Innovation Mindset



Components that create an environment where
innovation can develop



Use your computer or mobile phone



Exercise 1

Pilot Your Purpose



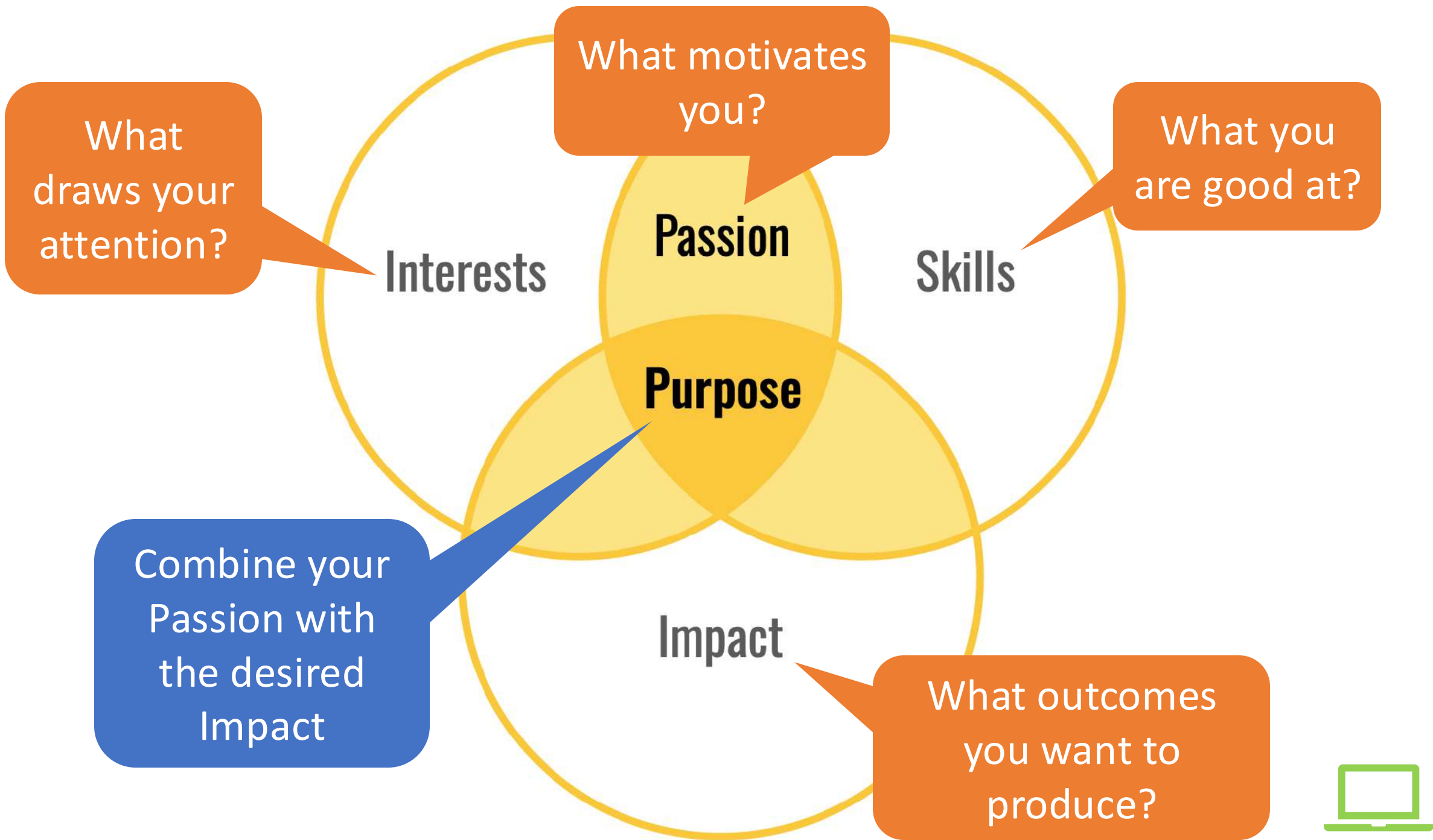
Pilot Your Purpose

What do you want in life?

Who do you want to help?

Help yourself by helping others



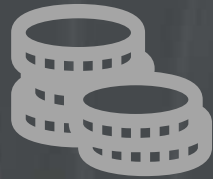


Interests



Ask your friends

What kind of stuff do I always talk about?



If you were rich

How would you spend your time?



Your free time

How you currently spend your free time?



Skills

Ask your friends

- What you think I'm good at

Getting better

- What you want to improve

Above average

- What you excel at compared to others



Passion



1 Reflecting on your **Interests** sheet, what are you most excited about?

Type here

For example:

- Volunteering
- Helping under-resourced people of color
- Surfing and Skiing
- ...

+

2 Reflecting on your **Skills**, what are you interested in getting even better at?

Type here

For example:

- Coming up with creative solutions
- Cooking
- Public Speaking
- ...

=

3 What are ways you'd be excited to combine your **Interests** and **Skills**? These represent your **Passions**

Type here

For example:

- Teach under-resourced people of color to cook
- Help young kids focus their creativity to build solutions in their neighborhood
- ...



Impact



People

Elderly people, refugees, low-income families, unemployed, etc.

Local Problems

Affordable housing, education inequality, environment degradation, healthcare. etc.

Global Problems

Climate change, poverty, conflict and war, food security, etc.



Purpose



Prompt: “Ask me for a list of my passions. Next, ask me for a list of the kinds of impacts I would like to make. Then use those lists to help me discover 3 - 5 potential personal purpose statements.”



Exercise 2

Write Your Failure Resume



Failure Resume Tool

[Click to Copy](#)

MY FAILURE RESUME

1 My School Failures Type here	2 My Work Failures Type here
3 My Sports, Clubs & Competition Failures Type here	4 My Relationship Failures Type here

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1

MY FAILURE RESUME

5 My biggest failure taught me... Type here	6 And changed my behavior by... Type here
7 I'll reflect on my next failure by... Type here	

EXEC Page 2 TeachingE.org

2



Failures

School

- Failing an exam or project, receiving negative feedback, etc.

Work

- Rejected for an internship, unsuccessful project, event that did not go well, etc.

Sports, Clubs and Competition

- Public failures in sports competitions or social events

Relationship

- Private failures in personal relationships with family, friends and significant others



Biggest Failure

My biggest failure taught me...

Importance of resilience, need for better communication, better preparation and planning

And changed my behavior by...

New time management strategies, more empathetic with others, improve communication skills, adoption of a growth mindset






Reflection

When failure occurs, successful individuals take the time to thoroughly analyze the situation





Tools for reflection



Journaling



Talking with
others



Meditating



Please close your computer and mobile
phone



What have you learned today?



Obrigado



TÉCNICO LISBOA