

Diagnosis and Detection of Breast Cancer using Deep Multiple Instance Learning

Pedro Malveiro Diogo

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Supervisors: Prof. Jacinto Carlos Marques Peixoto do Nascimento Prof. Carlos Jorge Andrade Mariz Santiago

Examination Committee

Chairperson: Prof. João António Madeiras Pereira Supervisor: Prof. Jacinto Carlos Marques Peixoto do Nascimento Member of the Committee: Prof. Andreas Miroslaus Wichert

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Abstract

The detection and classification of breast lesions in the early stages of its development may increase patients' chance of survival as well as the number of effective treatment options. With the intent of improving the radiologists' workflow in their effectiveness and efficiency, Computer-Aided Diagnosis or Detection systems have been emerging alongside with Deep Learning. Challenges such as data insufficiency and lack of local annotations provided by experts are the main practical issues when applying these systems in medical imaging. To handle these issues, this work proposes an autonomous system that takes advantage of deep convolutional features for image analysis and the Multiple Instance Learning framework for labeling a set of slices within volumes and/or a set of patches within slices. The ultimate goal is to achieve classification based on the whole MRI and based on the slices, where the former will permit to assess the slices that triggered the classification, and the latter will make possible the visual explanation of the proposed diagnosis through the localization of the lesion in the image.

Keywords

Breast Cancer, Deep Learning, Medical Imaging, Convolutional Neural Networks, Multiple Instance Learning, Magnetic Resonance Imaging

Resumo

A deteção e classificação de lesões mamárias na fase inicial do seu desenvolvimento pode vir a aumentar as hipóteses de sobrevivência de uma paciente bem como o número de opções de tratamento. Assim sendo, com o objetivo de melhorar o fluxo de trabalho dos radiologistas no que diz respeito à sua eficiência e eficácia, os sistemas de Deteção Assistida por Computadores têm vindo a ganhar reputação ao lado da Aprendizagem Profunda. Desafios como insuficiência de dados e falta de anotações locais providenciadas por especialistas são as principais razões práticas aquando da aplicação desses sistemas em imagens médicas. Para que esses problemas sejam resolvidos, este trabalho propõe um sistema autónomo que tira proveito de recursos convolucionais profundos para análise de imagem e da ferramenta Multiple Instance Learning para rotular um conjunto de cortes dentro de volumes e/ou um conjunto de patches dentro desses cortes. O objetivo final é alcançar classificação baseada na ressonância magnética como um todo e baseado em cortes dentro dessa ressonância magnética, onde o primeiro permitirá aceder aos cortes que desencadearam a classificação, e o último possibilitará a explicação visual do diagnóstico proposto através da localização da lesão na imagem.

Palavras Chave

Cancro da mama, Aprendizagem Profunda, Imagem Médica, Redes Neuronais de Convolução, Multiple Instance Learning, Ressonância Magnética

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Acronyms

DCE sub	Dynamic Contrast Enhanced Subtraction
MIL	Multiple Instance Learning
CAD	Computer-Aided Detection or Diagnosis
SL	Supervised Learning
ROI	Region of interest
BI-RADS	Breast Imaging - Reporting and Data System
BC	Breast Cancer
WHO	World Health Organization
MRI	Magnetic Resonance Imaging
DL	Deep Learning
CNN	Convolutional Neural Network
ML	Machine Learning
ROC	Receiver Operating Characteristic
AUC	Area Under the ROC Curve

Introduction

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In agreement with the World Health Organization (WHO), by the end of 2020, Breast Cancer (BC) was consider the world's most predominant cancer, since there were 7.8 million women alive that contracted this type of cancer in the past 5 years [3]. As a result, the number of new cases and deaths in 2020 corresponds to a percentage of 11.7% and 6.9%, respectively, for all cancer cases in both sexes [4]. Factors such as older age, family history of BC, dense breast tissue and overweight are some of the main risk factors known to increase the likelihood of developing BC [5]. For this reason, regular screening has been considered extremely important when it comes to detect and treat BC in early stages.

Mammography screening has been confirmed as the most effective method to produce significant reductions in mortality rate of BC in women [6]. Nonetheless, Magnetic Resonance Imaging (MRI) has been providing better results in women with dense breast tissue [7]. For instance, some studies have shown that MRI is recommended along with a yearly mammography for some women with high risk for BC [8,9] mainly due to his high sensitivity [10]. However, a larger sensitivity could also reveal things that turn out not to be cancer (false positive findings), leading to unnecessary biopsies which not only cause patient anxiety and morbidity, but also increase the money spent on health-care. Therefore, to avoid this situation, improvements in screening and discovering other ways to complement the reviews of the radiologists are truly important.

One way to meet this challenge is through Computer-Aided Detection or Diagnosis (CAD) systems since, nowadays, they have been considered as a second clinical opinion, improving the radiologist performance when used in the right way, not to decide but to counsel [11, 12]. At the same time, some studies have shown that CAD systems increase the risk of false positives [13], and this is why they cannot and should not replace a complete evaluation by the radiologist. The problem is, since it is standard for MRI screening to take several volumes for each patient, the accumulation of radiologists' scans increases and so does the complexity of their interpretation. Consequently, this can lead to a decrease of performance due to their exhaustion/fatigue.

At the beginning, CAD systems were developed to operate has rule-based approaches, meaning that given a feature extracted manually from the image - Region of interest (ROI), they would identify the existence of an anomaly or not. Nevertheless, recent enhancements in Deep Learning (DL) methodologies have demonstrated revolutionary changes in radiology, making artificial intelligence and human-computer interaction advance with big strides, especially with the usage of Convolution Neural Networks (CNNs) [14–16]. Moreover, researchers found that the combination of expert radiologists and CAD systems outperform both individual performance [17].

Despite the growth in Deep Learning, these models are dependent on massive sets of hand-labeled training data. These hand-labeled training sets are expensive and time-consuming to create, especially when domain expertise is required. However, deep architectures with a weak label approach can move

past the constraint of data unavailability [18]. That said, it is of great importance to achieve performant CAD models through weak label classification as it could have a positive impact on future employments in medical facilities and DL research.

This work will be focusing in CAD systems applied to the MRI screening modality, aiming to differentiate malignant from not malignant lesions in BC. By means of a weakly supervised learning approach, it will be possible to obtain Volume-wise classification, extract the slices in which the lesion was found and, finally, detect the lesions within the slices chosen.

1.1 Objectives

The purpose of this work is the development of an autonomous system capable of providing the diagnosis, the approximate slices containing the malignant lesion and, within each slice selected, the region of the breast where the malignancy is found. This system was designed taking into account the large number of slices within an MRI volume and how consuming their examination can be for the radiologists.

To accomplish the defined aim of this research, the following objectives are established:

- 1. Implement a model that predicts whether an MRI scan is malignant or not; Additionally, the model should output the MRI slices where the lesion is most noticeable.
- 2. Implement a model that, given an MRI slice, classifies and localizes the lesion within that slice.

The classification task and the regions of the image that would justify this classification are going to be achieved through a Multiple Instance Learning (MIL) architecture. The output will be distinguished between two classes: malignant or not malignant.

This work will require a high computational power since it will be exploiting information from volumes and images inside those volumes. Also, the global Breast Imaging - Reporting and Data System (BI-RADS) score is considered as the only ground truth information for both models, meaning that more expert annotations such as ROIs were out of the scope of this work.

The system will be further explained in the proceeding sections as well as its evaluation parameters. As for the proposed dataset, a description of its pre-arrangement efforts and preprocessing operations will also be clarified.

1.2 Document Outline

The following topics present a brief summary of the discussed contents in each subsequent chapter to provide the reader an overview of the organization of this document:

- Chapter 2 introduces the reader to the key concepts needed to comprehend this document. It also discusses the present state of the art work, first in the domain of MRI screening and then in the DL area, more specifically with the MIL approach.
- 2. Chapter 3 presents the general overview of the proposed solution as well as the details for each of the models in order to achieve the objectives of this work.
- 3. **Chapter 4** makes a brief introduction to the proposed dataset and to the pre-processing process that was made at a image-level. It also describes the implementation efforts required to materialize the proposed solution in Chapter 3.
- Chapter 5 exhibits the experimental results made to pursue this work's objectives. Following its
 presentation, the results are analyzed and commented on in order to justify the expected and/or
 unexpected outcomes.
- 5. **Chapter 6** describes the illations of this work, concluding with its achievements and future work propositions.



Theoretical Background

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2.1 Fundamental Concepts

In this section, some fundamental concepts will be addressed due to their pertinence for the comprehension of our problem as well as the proposed solution.

2.1.1 Computer-Aided Detection and Diagnosis Systems

CAD systems are a technology designed to assist doctors in the interpretation of medical images that combines artificial intelligence with computer vision applied to radiology image processing. Although these systems address observational oversights (false negatives) and share the same purpose, they can be distinguished between detection (CADe) or diagnosis (CADx), based on the input and output data. Particularly, while the former outputs the location of potential cancers, the latter performs the classification of detected lesions, making the distinction, for example, between benign and malignant tumors. [19].

When it comes to improving the radiologists performance in the evaluation of BC cases, previously approaches relied on having two independent radiologists reviewing the same exams. In fact, there are several studies focused on screening mammography that demonstrate a significant increase in BC detection, with improvements around 9% [20] and 15% [21]. Obviously, with this type of approaches and knowing the short period of time that radiologists have to make their decisions as well as how it could overload them, it's beneficial to have a system that fulfil those issues, being this one of the reasons for the appearance of a new era, the CAD systems.

For many years, researchers have examined the performance of radiologists with or without CAD systems and if their assistance make sense in terms of clinical usage [11, 22, 23]. The first versions of CAD systems schemes relied on the analysis of hand-crafted features which compromised the classification process as it inherits human bias.

To minimize human interference, and to bring CAD systems to high performance levels, recent DL approaches were introduced. As a matter of fact, the necessity of hand-engineered features (traditional models) was no longer acquired since training a model built under the right neural network architecture can "learn" discriminatory features not even anticipated by radiologists [24], proven to be effective in the classification field when trained with large datasets [25, 26].

Although DL-based CAD systems are accomplishing good performance in classifying/detecting malignant lesions with an acceptable false-positive rate [27], they still have limitations/challenges that prevent their usage without a proper monitoring in terms of clinical practice. Nevertheless, their progress is promising and is continuously giving opportunities for radiologists to be more self-confident in their reviews by providing more accurate diagnosis and increasing efficiency by automating tasks [28].

2.1.2 Supervised Learning and Weakly Supervised Learning

Supervised Learning (SL) is an important branch of machine learning. The purpose of SL algorithms is to learn the mapping between the input and the output, based on a well-known training dataset. Each model is trained until it can detect patterns and relationships between the input data and the output labels. Typically, this is achieved by adjusting the model to minimize the error that was produced when comparing the predicted label with the correct one. Finally, after sufficient training, the system will be able to provide targets for new unseen inputs.

Although SL methods can offer new data insights and improve automation, they rely on massive sets of manually labeled training data. These sets have an intrinsic problem since they are expensive, time-consuming, and difficult to obtain due to the high cost of labeling the data. Thus, sometimes, it is convenient to turn stronger forms of supervision into weaker ones. In fact, this was translated in the foundation of a new subfield of Machine Learning (ML) called Weakly Supervised Learning that is focused on working with incomplete, inexact, and inaccurate supervision [18]. Therefore, this new thematic presents a specific goal: extract fine-grained information automatically from coarse-grained labels.

2.1.3 Multiple Instance Learning

Multiple Instance Learning (MIL) is proposed as a weakly supervised learning strategy that deals with collections of instances arranged in sets, called bags, where there's only a label assigned for the entire bag instead of individuals labels for each instance. In computer vision problems, these bags are usually treated as images and the instances as patches.

MIL was first described and studied in the work of Dietterich et al. [29]. This study is motivated by the problem of drug activity prediction where the goal is to determine whether or not a drug molecule will bind strongly to a target protein. Even though a molecule may adopt a wide range of shapes, it is only qualified if it presents at least one shape that can bind well. Through this problem, Dietterich et al. introduced the standard MIL assumption, although alternative assumptions have been consider in recent work [30, 31]. This assumption corresponds to the typical binary problem in which a bag is positive if at least one instance in that bag is positive, and the bag is negative if all the instances are negative. Let Y be the single binary label of a bag X, defined as a set of instances, $X = (x_1, x_2, ..., x_N)$, where N is not necessarily equal among different bags. Each instance x_n corresponds to a label y_n , that remains unknown during the training phase. Finally, the label of the bag Y can be summarized as follow:

$$Y = \begin{cases} 1 & \text{, if } \exists y_n : y_n = 1, \\ 0 & \text{, otherwise.} \end{cases}$$
(2.1)

Or even in a more compact way:

$$Y = \max_{n} \{y_n\}.$$
(2.2)

This formula might be less intuitive but, in practical terms, this can be translated as taking the maximum over the instances labels that are presented in the bag, giving 1 as the label for the positive class and 0 as the label for the negative class.

The goal of MIL is to either classify unseen bags or instances based on the labeled bags as the training data. Following the taxonomy present in [32], MIL methods can be distinguished in three categories, based on how bags are represented. One of the methods operates directly on instances (instancelevel) where each instance is classified individually. At this level, it's not only possible to identify positive instances in bags individually, but also to classify bags by simply aggregating instance-level scores. This has demonstrated a huge impact in some applications like object detection and tracking applications [33, 34]. The two other methods operate on the bag-level, since they rely on global information by looking at the whole bag as one. While in one case each bag is mapped to a single vector that redefines the MIL problem into a standard supervised classification problem, the other one compares the bags by applying distance metrics.

Even though bag classification and instance classification appear to be similar, there are different consequences in terms of misclassifying an instance. Under the standard MIL assumption, from the moment a positive instance is found in a bag, the other instances can be ignored since the label was already attributed. Under those circumstances, the remaining instances could be false positives or false negatives, but that is not relevant in terms of bag-level accuracy which shouldn't affect the loss function. However, in instance-level, this is consider as a classification error and the loss function is changed. Therefore, algorithms intended for bag classification are not optimal for instance classification, and vice versa [35].

2.1.4 Convolutional Neural Networks

CNN is a deep learning architecture that has been widely used in many computer vision tasks, such as image classification, face recognition, object detection, and so on. By receiving an image as input, CNNs are capable of differentiating one object from the other by assigning different importance values (learnable weights and biases) to those objects in the image. One of the major advantages of CNNs is that the preprocessing needed is much lower when compared to other similar deep learning networks. Where in other primitive methods filters were hand-engineered, in CNNs, filters/kernels are learned by the network during the training phase. By applying these different filters to an image, the network is suitable enough to capture the spatial dependencies from that image.

The CNN architecture includes several building blocks, such as convolution layers, pooling layers,

and fully connected layers. In order to perform feature extraction, by taking images as input, the first step of a CNN is to feed them into several convolution layers, followed by a nonlinear activation function. While the first convolution layer is responsible for extracting low-level features, i.e. edges, color, etc., the following ones allow the model to learn high-level features, which are crucial to get the insights from all the images in the dataset. The output of each layer is known as feature map, which is the output activations for a given filter. For each feature map, normally, a pooling layer is applied for reducing the spatial size of the convolved feature, decreasing the computational power required to process the data. Finally, the output feature maps of the final convolution or pooling layer is typically flattened, i.e., converted into a single array. This 1D vector is then connected to one or more fully connected layers, in which every input is connected to every output by a learnable weight. The last layer of the fully connected layer is usually distinct from the others, since an activation function needs to be selected regarding the target task [36] An example of the structure explained is shown in Figure 2.1.

The training process of a CNN is an optimization problem, where the goal is to find filters in convolution layers and weights in fully connected layers that optimize the model by making the system's output as close as possible to the ground truth. The training process can be divided in two main phases: the forward phase, where the input is passed through the whole CNN and the backward phase, where gradients are propagated and weights are updated. The gradients can be obtained through back propagation of the error and are used to update the network parameters using the gradient descent method, which reveals the right direction for the next iteration, in order to achieve the minimum of the loss function.



Figure 2.1: Convolutional neural network architecture (adapted from [1]).

2.2 State of the Art

Early detection of BC can significantly improve the outcomes of its treatment, reducing the mortality related to it [37]. Since different imaging modalities provide complementary information regarding lesions, it is important that the workflow for radiologists involves the analysis of these modalities, such as mammography, Ultrasound (US) and Magnetic Resonance Imaging (MRI). Although the combination of these modalities may increase the accuracy of the diagnostic, this can overwhelm radiologists. Therefore, several CAD systems using different breast imaging techniques have been developed for the detection and diagnosis of breast masses. However, CAD systems for BC related to MRI are still limited. In general, the existing approaches usually address the problem by a three-stage system: (i) identification of possible malignant ROIs by a candidate generator, (ii) computation of descriptive features for each candidate, and (iii) labeling of each candidate (e.g., as benign or malignant) by a classifier. The main problem of these systems is, before the classification procedure, they either rely on manually malignant regions annotated by experienced radiologists [38–40] or they build an algorithm just for the ROI detection and selection [41]. Thus, if only global labels were attributed for the whole image, they could not indicate which parts of images induced the automatic diagnosis neither highlight abnormal regions in the image whenever an abnormal examination instance is detected.

In order to identify regions of the image that justify the ground truth label, MIL was proposed and approaches around it have been explored to extract features from patches obtained from the entire image without the need of lesion segmentation. Although the number of publications about MIL for medical image analysis is limited, the target is broad: classification of dementia [42], diabetic retinopathy diagnosis [43], pulmonary embolism detection [44], tuberculosis detection [45], histopathological breast cancer diagnosis [46], among others. MIL has also been used in BC, specially in mammography images, although a few studies have already explored their potential in Ultrasound [47]. Related to mammography images, some studies in this field took advantage of the MIL algorithms. As an example, Quellec et al. [48] defined an anomaly detector by comparing a strongly-supervised approach where manual segmentation lesions were used to train a standard SVM classifier with a weakly-supervised approach that used several MIL-based algorithms, without manual segmentations for training. In the end, the weakly-supervised approach outperform the strongly-approach, giving evidence that manual segmentation is not really required in medical imaging.

Also, due to the emergence of deep features, some studies have been combining MIL with deep neural networks. For instance, W. Zhu et al. [49] used a pooling function that involved ranking instances with the goal of performing end-to-end mass classification for the whole mammogram. In their approach, since each spatial location is a single instance associated with a score that is correlated with the existence of a malignant finding, they do not need an automated lesion detection stage, even though they can detect lesions as a side effect of their approach. Conversely, Sarath et al. [50] proposed a two-stage

MIL framework where a localization network (CNN) is trained in the first stage to extract local candidate patches in the mammograms and, in the second stage, a MIL strategy is employed to obtain a global image-level feature representation from the extracted image patches to classify the mammograms as benign or malignant. Note that the purpose of the localization network in the first stage is not to get an accurate semantic segmentation but to obtain an approximate localization of the masses in terms of bounding boxes so that the second stage does not have to deal with irrelevant patches from the entire image.

Despite the advantages above-mentioned related to MIL-based CNNs, these approaches have limitations since they (1) rely on a fixed amount of patches (instances) to assign a classification to the whole image and (2) they do not explore the potentiality of overlapped patches. With that being said, and given the scarcity of MIL studies applied to the MRI modality in breast cancer, this work will aim to counter the shortcomings mentioned by adaptively learning the number of instances needed to classify the whole MRI and by performing classification at two levels: volume-level and slice-level. This first part is specially important in order to avoid misclassification of some instances.



Proposal

Contents

3.1 Deep Multiple Instance Learning System 17

This chapter contains a description of the objectives mentioned in Section 1.1. It will start describing, in Section 3.1, the deep MIL system by detailing their respective models and the different manners of extracting the information. In the end, Section 4.1.3 will introduce the measures that this work is going to rely on when evaluating the performance of the models.

3.1 Deep Multiple Instance Learning System

Leveraging the insights from the advantages and disadvantages of the successful BC studies analysed in the section above, this work proposes and combines MIL with Deep Learning in order to achieve classification, slice-selection and patch-selection. To accomplish such a system, two different models have to be considered: while the first one will classify the MRI volume as a whole and extract the slices that triggered the classification, the second one will be fed with those slices and perform classification in each slice and extract the patches that triggered the classification. Therefore, the first model will be called from now on Volume-wise model, and the second one Slice-wise model. Nonetheless, both models share similarities: (1) the reliance on the MIL approach and (2) the way of extracting deep features from the images. Figure 3.1 illustrates the overview scheme of the system.



Figure 3.1: Deep MIL system overview

3.1.1 Volume-wise classification

As referred before, the Volume-wise model performs **classification** and **slice-selection** in MRI volumes. In other words, this model diagnoses MRI volumes and selects the slices that contributed the most for that diagnosis. For that purpose, this model is based on the assumption that a lesion in an MRI volume typically remains (approximately) in the same spatial localization during a few continuous slices. Consequently, exploring and comparing different manners of selecting those slices will be the main focus of this model.

In terms of the MIL parameters, this model defines the whole MRI volume as the bag and the slices

within that volume as the instances. Following the overview scheme present in Figure 3.2, the first step is to extract the most relevant features from the slices in the volumes. For a given volume *B* containing a set of slices $(I_1, I_2, ..., I_m)$, where *m* is the number of slices inside that volume, through the usage of a CNN, it is possible to acquire features for all those slices. Thus, after multiple convolutional layers and max pooling layers, a feature map f_i that represents deep CNN features can be obtained for each I_i . Then, since the goal of this work is to predict whether or not a slice contains a malignant mass, this is a typical standard binary classification problem. Therefore, a logistic regression can be used for classification with the weights shared across all values of *f* with a sigmoid activation function, whose output represents the probability of a slice being malignant. Formally, the malignant probability of a slice I_i can be given by:

$$r_i = \sigma(w^\top f_i + b) \tag{3.1}$$

where *w* corresponds to the weights in the logistic regression and *b* is the bias. From the combination of all r_i , a general *r* can be defined as a one-dimensional vector, $\mathbf{r} = (r_1, r_2, ..., r_m)$, corresponding to all slices in a volume *B*.



Figure 3.2: Volume-wise model overview

Once the malignant probabilities are obtained, three different MIL approaches to combine multiple instances (slices, in this case) can be explored: (1) the Max pooling-based MIL that only takes the largest element from the ranking layer; (2) the Top-k pooling-based MIL, which consists on grabbing the first k

largest probabilities; and (3) the Adaptive Top-k Pooling-based MIL that adaptively selects the optimal number of slices for classification.

• Max Pooling-based MIL: Considering the general MIL assumption defined in Section 2.1.3, if each image (a slice or a patch, depending on the model) I_i of B is treated as an instance, the whole image classification problem can be seen as a standard multiple instance task. Hence, positive bags are expected to have, at least, one r_i close to 1 and negative bags with all values of r close to 0. Consequently, the malignant probability of a bag B, can be translated by taking the maximum over the r vector

$$p(y = 1|I, \theta) = \max\{r_1, r_2, ..., r_m\}$$
(3.2)

where θ represents the parameters of the CNN. The downside of this approach is that it only relies on a single instance to classify a bag, which is not optimal for a model that operates at a volume-level since, certainly, exists more than one image within a volume containing a lesion.

• **Top-***K* **Pooling-based MIL:** In this case, after ranking the malignant probabilities $\mathbf{r} = (r_1, r_2, ..., r_m)$ for all the instances in the bag, a sort operation can be applied in descending order

$$\{r'_1, r'_2, \dots, r'_m\} = sort(\{r_1, r_2, \dots, r_m\})$$
(3.3)

where $\{r'_1, r'_2, ..., r'_m\}$ corresponds to the descending ranked *r*. This approach is particularly good for exploiting information from other instances, instead of only considering the instance with the highest malignant probability, r'_1 . In fact, if the first *k* instances with the largest malignant probabilities are considered, the general MIL assumption is no longer adopted, since now the assumption is that each element of $\{r'_1, r'_2, ..., r'_k\}$ should be consistent with the label of the bag, while the remaining instances should be labelled as negative.

The final malignant probability of the whole bag can be translated as

$$p(y=1|I,\theta) = \frac{r'_1 + r'_2 + \dots + r'_k}{k}$$
(3.4)

where θ represents the parameters of the CNN and k > 1. The disadvantage of this method is that a general hyper-parameter k is hard to estimate since it can vary from case to case. In the experiments made the k was chosen in an arbitrary manner, which is not optimal. Thus, an adaptive way to estimate the hyper-parameter k is preferred.

 Adaptive Top-K Pooling-based MIL: From a medical perspective, every lesion in an MRI volume typically comprises a few continuous slices. That said, this approach was designed only taking into account the Volume-wise model as it enforces choosing continuous instances inside a bag. Thus, after ranking the malignant probabilities $\mathbf{r} = (r_1, r_2, ..., r_m)$ and normalize them so that the sum of all the values were equal to one, a suitable approach to estimate the hyper-parameter k would be to fit a Gaussian distribution to its probability curve. This way, the expected value from the Gaussian distribution, μ , would give an idea of the lesion's center position inside the volume, and the standard deviation, σ , the rough amount of slices that the lesion occupies in the volume. Formally, we assume that the position of the lesion, X, is a random variable with Gaussian distribution, $X \sim \mathcal{N}(\mu, \sigma^2)$, in which the probability density function, $p(y_n = 1|I_n, \theta)$, represents the probability of a slice, in position x_n , being in conformity with the lesion. The **mean** (expected value) and the **standard deviation** are given by

$$\mu = E[X] = \sum_{n=0}^{N} x_n p(y_n = 1 | I_n, \theta)$$
(3.5)

$$\sigma = \sqrt{\sigma^2} = \sqrt{E[(X-\mu)^2]} = \sqrt{\sum_{n=0}^N (x_n - \mu)^2 p(y_n = 1 | I_n, \theta)}$$
(3.6)

where N is the last slice present in a volume. The final malignant probability of the bag is given by Equation 3.4. In theory, this parameters estimation would result in a Gaussian distribution perfectly fitted to the curve probability. However, in practice, this is not so simple as the probabilities far from the peak are not close to zero as they should be (left graph from Figure 3.3). This leads to the conclusion that the mean and standard deviation estimations are not noise robust. Therefore, in order to address this problem, a variation of the **Mean Shift** [51] algorithm is going to be implemented. This technique is particularly good since assigns a lower weight to data samples (x - slice, y - probability) far from the peak, enforcing the Gaussian estimation to shift towards the mean in an iterative way. Moreover, as illustrated in Figure 3.3, with this algorithm, it is possible to ensure that the standard deviation of the Gaussian is being shrunk (or the opposite) in each step by establishing acceptable limits to its value. These 'acceptable limits' represent the minimum and maximum number of slices in which a lesion can be found.

The mean and standard deviation updates are given by

$$\mu = E[X] = \sum_{n=0}^{N} x_n p(y_n = 1 | I_n, \theta) w_n$$
(3.7)

$$\sigma = \sqrt{\sum_{n=0}^{N} (x_n - \mu)^2 p(y_n = 1 | I_n, \theta) w_n}$$
(3.8)

where w is the probability of each slice according to the previous Gaussian distribution estimation. Once the Mean shift algorithm finishes its estimation of the new mean and standard deviation,



Figure 3.3: Example of a Gaussian distribution estimation before and after the Mean Shift application

the amount of slices that contains the lesion can be calculated. For instance, supposing that the resulted standard deviation from the right graph in Figure 3.3 is 5 and the mean 65, it can be assumed that the lesion is, approximately, between slice 60 ($\mu - \sigma$) and slice 70 ($\mu + \sigma$), causing the number of slices to be $k = 2\sigma$, i.e., 10 slices.

By observing the graphs in figure 3.2, it is very clear that the Max and Top-k Pooling-based approaches select slices without concerning whether they are continuous, unlike the Adaptive Top-k Pooling-based approach. Nonetheless, based on those slices, a binary classifier can be achieved by choosing a threshold of 0.5 and classifying inputs with probability greater than 0.5 as malignant and smaller as not malignant. Given that we are dealing with a binary classification problem, the loss function used for training the model will be the binary cross-entropy:

$$\mathcal{L} = -\frac{1}{N} \sum_{n=1}^{N} y_n \log(p(y_n | I_n, \theta)) + (1 - y_n) \log(1 - p(y_n | I_n, \theta))$$
(3.9)

where N is the total number of MRI volumes, $y_n \in \{0, 1\}$ is the ground truth label and $p(y_n|I_n, \theta)$ is the predicted probability of the slice be malignant ($y_n = 1$) or not malignant ($y_n = 0$).

3.1.2 Slice-wise classification

The purpose of the Slice-wise model is to detect the lesions within the slices chosen by the Volume-wise model. For that to happen, and based on Figure 3.4, the first step is to obtain patches from each of the input slices. Only then, the process of getting features from all the patches begins. This process is exactly the same one as in the Volume-wise model. In fact, for both models, the "Feature Extraction Block" is identical, but in this case patches from the slices are used as input instead of slices from the volumes. Thus, once the probabilities of the patches are obtained through logistic regression, it is possible to classify the slice itself by using the Max Pooling-based approach, with the patches corresponding

to the instances. Note that this model just needs to rely on the Max Pooling-based strategy because the lesion could be too small and only visible on a single patch. Therefore, this model follows the general MIL assumption that, if a slice has a lesion, at least, one patch contains it. Additionally, since each patch has a probability of being malignant, a heat map can be computed based on those probabilities with the same size as the input slices. The implementation of the heat map will be further explained in the next section. In order to train this model, similar to the Volume-wise model, the binary cross-entropy function (Equation 3.9) will be used.



Figure 3.4: Slice-wise model overview

4

Implementation

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Following the suggested approach in the previous Chapter 3, this chapter describes the implementation details as well as the dataset used.

4.1 Experimental Setup

4.1.1 Dataset

In the hope of mitigating the lack of high-quality datasets in the BC field, this work proposes a new private dataset for training its models. Beyond other BC screening modalities, this private dataset already contains a compilation of several MRI scans with a BI-RADS classification for each one of them. Other expert annotations are unavailable for this dataset. Although each MRI scan comprises different sequences, for this work, only the one that gives a clearer view of the lesions was selected, which corresponds to the Dynamic Contrast Enhanced Subtraction (DCE sub) sequence. This MRI sequence is a technique whereby a T1-weighted sequence is digitally subtracted from the post contrast DCE volume, before the administration of the contrast agent. It is proven that this technique is accurate for detection of subtle lesions, since it can remove high-intensity signal from background fat, ending up improving lesion conspicuity and definition [52]. This statement is consistent with the medical practitioners from the hospital where this dataset is being collected. Note that, the MRI sequences are, in practical terms, a volume of 2D images (called slices) containing both breasts. Therefore, as different breasts may have different BI-RADS, all the image volumes were divided into two different volumes: one containing the right breast, and the other containing the left breast.

One of the main characteristics of this dataset is a strong class imbalance, with the majority of the MRI scans being classified as BI-RADS 1 and 5. This occurs since only the exams with strong suspicion of malignancy (observed in the mammography) are pursued for MRI. That said, the focus of this work was to solve the Normal vs Malignant problem, which corresponds to {1} vs {4, 5} in terms of BI-RADS.

The dataset used contained **164 MRI scans**. Figure 4.1 represents the distribution of the MRI scans used for this work. In order to train and validate the model, 134 MRI scans (71 malignants and 63 normals) were collected from that dataset. The technique used to split the data was the random sampling, which divided the data into training and validation sets in an 80%-20% ratio, respectively. Afterwards, the remaining data (30 MRI scans) was used as a test set in order to evaluate the performance of the models in their final version.

4.1.2 Dataset Pre-Processing

Pre-processing procedures were part of this work in the hope that the model could extract the most relevant features, leading to a better performance in classification. The pre-processing made involved



Figure 4.1: BI-RADS distribution for DCE-sub in the dataset

image normalization, cropping the image, resizing it and apply a grayscale contrast enhancement. A common task when preparing datasets for training DL models is to normalize and standardize the data, which means that all the samples should be centered and scaled according to the mean and to the standard deviation of the dataset. Then, in order to remove the chest area, all MRI volumes were cropped in terms of height so that the model could only focus on the area of interest (i.e. the breast). However, since every patient has different physical characteristics, removing the chest zone resulted on having image volumes with different sizes in terms of height. Therefore, all volumes were resized to the same dimensions. The size of the volumes ended up with 192×128 pixels.

Once the image volumes were cropped and resized, enhancement on each image's contrast was employed through Contrast Limited Adaptive Histogram Equalization (CLAHE) [53]. This technique partitions the images into contextual regions, called titles, and then applies the histogram equalization to each one of them. This way, the distribution of used gray values becomes more balanced and thus hidden features of the image are more visible. Figure (4.2) illustrates two examples of original slices before (left images) and after (right images) applying the CLAHE algorithm.

Once the pre-processing at image-level was made, the first fifteen and last ten slices were removed from the volumes since those were volumes where the breasts were composing and fading, respectively. Even with this reduction, each volume ended up with its slices still ranging from 106 to 170.



Figure 4.2: Two examples of original slices enhanced by CLAHE algorithm

4.1.3 Evaluation metrics

In order to measure the performance of the system proposed, after training, metrics derived from the confusion matrix (see Figure 4.3) will be used to assess both models quantitatively. Particularly, **Sensi-tivity** (Equation 4.2) and **Specificity** (Equation 4.3) rates will be use to quantify the portion of correctly classified positive and negative cases, respectively, **Precision** (Equation 4.1) to express the probability of positive cases that, once classified by the network, actually reveals that classification and, finally, the **Accuracy** (Equation 4.4), which will give the percentage of accurate predictions across all classes. Also, to overcome any possibility of a class imbalance issue, the **Balanced accuracy** (Equation 4.5) will be taken into consideration since it gives a more realistic picture of how well the models perform when compared to the basic accuracy metric.

	Predicted:	Predicted:
	Positive	Negative
Actual: Positive	TP = True Positive	FN = False Negative
Actual: Negative	FP = False Positive	TN = True Negative

Figure 4.3: Confusion Matrix

$$Precision = \frac{TP}{TP + FP} \tag{4.1}$$

$$Sensitivity = \frac{TP}{TP + FN}$$
(4.2)

$$Specificity = \frac{TN}{TN + FP}$$
(4.3)

$$Accuracy = \frac{TP + TN}{TP + TN + FP + FN}$$
(4.4)

$$BalancedAccuracy = \frac{Sensitivity + Specificity}{2}$$
(4.5)

Moreover, given that the context of our work intends to deal with a binary classification problem, based on the Receiver Operating Characteristic (ROC) analysis, another main metric of performance of this work will be the Area Under the ROC Curve (AUC), since it is a widely used metric in other works such as [48–50] and it is proven to be effective in these type of classification problems.

4.2 Architecture

For the overall performance of a system, the computational and power efficiency of the CNN architecture is something to take into account. For this reason, the **MobileNetV2** [2] was chosen as the target stateof-the-art CNN for this work. The MobileNetV2, when compared with other CNNs, is an architecture that has a relatively small model size and very low memory requirements, which is essential for this work as it operates on volume-level instead of image-level.

After choosing a CNN architecture, the next challenge to implement both models was regarding the bags representation and the composition of the batches. One of the requirements was to find a solution that allows the model to process the instances all at once. As a result, for each batch, the instances were concatenated in order to create a tensor of shape (Nx1xHxW), where H and W is the image height and width, respectively, and N is the total number of instances of the various bags that are being processed in that batch.

4.2.1 Volume-wise model description

This subsection contains the details of the implementation efforts to develop the Volume-wise model proposed by this work. In order to accomplish the classification and the slice-selection on the MRI volumes, three MIL implementation strategies were defined. Each of them used the same MobileNetV2 architecture, which corresponds to the original configuration, but with different input sizes as Figure 4.4 shows.

The defined hyper-parameters for the network are demonstrated in Table 4.1. It is worth mentioning that the Batch Size number needed to be low due to the fact that each batch aggregates m images all at once, where m is the number of slices within a volume. In practical terms, and considering 106 as

Input	Operator	t	c	n	s
$192 \times 128 \times 1$	conv2d	-	32	1	2
$96 \times 64 \times 32$	bottleneck	1	16	1	1
$96 \times 64 \times 16$	bottleneck	6	24	2	2
$48\times32\!\times\!24$	bottleneck	6	32	3	2
$24 \times 16 \times 32$	bottleneck	6	64	4	2
$12 \times 8 \times 64$	bottleneck	6	96	3	1
$12 \times 8 \times 96$	bottleneck	6	160	3	2
$6 \times 4 \times 160$	bottleneck	6	320	1	1
$6 \times 4 \times 320$	conv2d 1x1	-	1280	1	1
6 imes 4 imes 1280	avgpool 6x4	-	-	1	-
$1\times1\times1280$	conv2d 1x1	-	k	-	

Figure 4.4: Overall architecture of MobileNetV2 for the Volume-wise model (based on [2])

Hyper-parameter Spefication				
Optimizer	Adam			
Loss Function	Binary Cross Entropy			
Number of Epochs	50			
Batch Size	4			
Learning Rate	lr = 1e-3			

Table 4.1: MobileNetV2 Hyperparameter Specification for the Volume-wise model

the lowest number of slices a volume can have (by Section 4.1.2), having a Batch Size of 4 means, at least, 424 images (106×4) on a single batch, which is a massive amount of images to process. That said, decreasing the Batch Size number was still not enough as calculating unnecessary gradients for all those images can quickly consume all the GPU memory. Therefore, since each of the three MIL approaches only selects a certain number of slices per volume, in the training phase, the network just needs to calculate the gradients for the selected slices rather than all of them. This way, it is guaranteed that the GPU is not occupied with irrelevant information regarding the calculations.

As referred before, the Volume-wise model explored three distinct MIL approaches. Once the challenges above-mentioned were solved and based on the proposal, the Max, the Top-k and the Adaptive Top-k Pooling-based approaches were very straightforward to implement. It should be noted that, for each MRI volume, the slices predicted by the Adaptive Top-k strategy were stored in a JSON file along with their respective probabilities of malignancy. This was done so that the Slice-wise model could train its model relying on the Volume-wise model.

4.2.2 Slice-wise model description

The Slice-wise model was implemented based on the slices outputted from the Volume-wise model. In other words, this means that the Adaptive Top-k Pooling-based approach was the only one used to extract the interesting slices from the volumes in order to train the Slice-wise model. This decision was made based on the fact that a continuous amount of slices adapted to each volume is more reliable than an arbitrary k, at least in a medical perspective. However, relying on this approach to chose the slices resulted in an unequal distribution of the input data for this model. In fact, the Adaptive Top-k Pooling-based does not work so well for negative (not malignant) cases due to the probabilities being all closer to 0, which most certainly will not follow a Gaussian Distribution. Hence, when the Gaussian distribution was not fitted as desired, most of the negative volumes reached the maximum limit of slices that was previously established by the Volume-wise model, causing a data unbalanced issue for the input data. Note that, since the Max and Top-k Pooling-based approaches have a previously known value for the hyper-parameter k, the input data for this model would be perfectly balanced. Nevertheless, the input slices were gathered in three different ways: (1) by choosing the original interval of slices from the JSON file and (3) by relying on the probabilities in the JSON file to select the slices that were going to be used to train the model. Note that this last technique was implemented to refine the training input data rather than making it more balanced.

Once the input data was collected, the next challenge was to partition each slice into overlapped patches. The size of each patch was 32×32 pixels, and the overlapped step was half of the patch size, i.e., 16 pixels. Remembering that the size of each slice was previously defined as 192×128 pixels, this means that all the bags for this model ended up with the exact same amount of instances (patches). Furthermore, the MobileNetv2 architecture had to be adapted from its original form to be able to receive 32×32 patches. As illustrated in Figure 4.5, the first and the third layer were changed from stride 2 to stride 1 so that the dimension of the patches was not reduced too early in the first layers.

Input	Operator	t	c	n	s
$32^2 \times 3$	conv2d	-	32	1	1
$32^2 \times 32$	bottleneck	1	16	1	1
$32^2 \times 16$	bottleneck	6	24	2	1
$32^2 \times 24$	bottleneck	6	32	3	2
$16^2 \times 32$	bottleneck	6	64	4	2
$8^2 \times 64$	bottleneck	6	96	3	1
$8^2 \times 96$	bottleneck	6	160	3	2
$4^{2} \times 160$	bottleneck	6	320	1	1
$4^{2} \times 320$	conv2d 1x1	-	1280	1	1
$4^{2} \times 1280$	avgpool 4x4	-	-	1	-
$1\times1\times1280$	conv2d 1x1	-	k	-	

Figure 4.5: Overall architecture of MobileNetV2 for the Slice-wise model (based on [2])

Once these modifications were made, the network was in conditions to be trained based on each of the abovementioned strategies for the input slices. The defined hyper-parameters for the network are

identical to those shown in Table 4.1, with the only difference on the Batch Size, which was raised from 4 to 8.

The last step concerning the implementation of this model was the heat maps construction. To accomplish the heat maps, for each pixel *i* of the image, the probability of that region has a lesion, P_i , is given by averaging the probabilities, p_n , of the N_i patches that contributed for that region:

$$P_{i} = \frac{1}{N_{i}} \sum_{n=1}^{N_{i}} p_{n}$$
(4.6)



Results

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This chapter starts by demonstrating the obtained results from the experiments performed in the validation set, following with a section dedicated to the final system composition and results. Lastly, an interpretation from those results is made.

5.1 Results

5.1.1 Volume-wise model experiments

The experiments made for this model aimed to compare the Adaptive Top-k against the Max and Topk Pooling-based approaches. In that sense, the Volume-wise model was trained and validated with different choices for the hyper-parameter k. The first attempt was with k = 1 to simulate the Max Pooling-based approach, which in practical terms is the same as running the Top-k approach with one; the second attempt was with k = 2, the third with k = 5 and then five by five until k = 50. As shown in Figure 5.1, for this validation set, the Top-10 simulation outperformed the Adaptive Top-k Pooling-based approach. However, the accuracy started to decline with the increase in the hyper-parameter k. This behavior was expected since, for every volume, there is a limited number of slices where a malignant lesion can be found.



Figure 5.1: Accuracy comparison between the Top-k and the Adaptive Top-k Pooling-based approach

Although the Top-10 simulation seems to be preferable in terms of classification, it does not enforces a continuous selection of slices as the Adaptive Top-k does. Therefore, in order to fully assess the Top-10 simulation, the slices chosen for each of the malignant cases in the classification process were analysed.

Hence, after sorting the 10 selected slices, two metrics were extracted: (1) the largest continuous subinterval (2) and the number of discontinuities between the 10 chosen slices. From 17 positive (malignant) cases in the validation set, the mean of continuous slices chosen by the Top-10 simulation was 5.9 slices, with none of the cases reaching the full continuity. These results are stated in Figure 5.2. Beyond that, the mean number of discontinuities were 2.7 per case. This means that, despite the Top-10 simulation reached a higher accuracy, it is not a trustworthy model when it comes to slice-selection. Therefore, we chose the Adaptive Top-k strategy to extract the slices for the second model.



Figure 5.2: Top-10 analysis for malignant cases in the validation set

5.1.2 Slice-wise model experiments

As above-stated, the Slice-wise model relied on the JSON file provided by the Volume-wise model to extract the relevant slices for its training and validation phase. As mentioned in Section 4.2.2, in order to make the data more balanced and/or avoid misclassified slices from the previous model, three different strategies were employed to the input slices used for training. In that sense, the validation set was used to assess the behaviour of the model when trained with those different strategies. It should be noted that, unlike the training set, this set ended up being balanced. In total, 221 positive slices (that contains a malignant lesion) and 232 negative slices were selected by the Adaptive Top-k Pooling-based approach from the former model. From the experiments made, despite all the results being very similar, the approach that made use of the malignant probabilities in the training phase seem to slightly outperform the other ones, reaching an accuracy of 84.3%. The results are stated in Figure 5.3. Note that the "Data unbalanced" strategy corresponds to the one that used the unfiltered slices from the volume-wise model and the "Data balanced" strategy the one that used a sub-interval of slices only for the negative MRI cases.



Figure 5.3: Validation results for the Slice-wise model

Although the approach that made use of the probabilities is the one that performs better when classifying a slice, other metrics have to be considered in order to fully understand whether the heat maps produced for each slice are in conformity with the lesion position or not. However, as mentioned before, the dataset used does not contain any annotations in terms of object localization within the image, which prevents determining to which extent the lesion location is accurately predicted.

5.1.3 Final Results

The final system was composed by the Volume-wise model with the Adaptive Top-k Pooling-based approach and by the Slice-wise model with the strategy that exploited the malignant probabilities from the Volume-wise model to select the slices for the training phase. The test set used contained 30 MRI volumes, where 18 were diagnosed as malignant and 12 as normal. The evaluation process started by giving those volumes to the Volume-wise model so that the chosen slices were given as input to the Slice-wise model in a later stage. From the 30 volumes processed, the first model outputted 166 positive slices (that contains a malignant lesion) and 254 negative slices, meaning that the Slice-wise model was evaluated with 166 + 254 = 420 slices. The classification results for both models are expressed in Table 5.1.

Model	Strategy	Accuracy	AUC	Sensitivity	Specificity	Precision
Volumo-wiso	Adaptive Top-k	96.67%	0.96	0.94	1.00	1.00
volume-wise	Top-10	86.66%	0.91	0.78	1.00	1.00
Slice-wise	Using probs.	91.43%	0.98	0.82	0.98	0.96

Table 5.1: Classification results for the final versions of the models

In terms of lesion localization, Figure 5.4 presents four malignant slices with their respective heat maps. As mentioned before, neither the slices selected by the Volume-wise nor the heatmps can be



truly assessed since there is no access to annotations regarding the location of the lesions.

Figure 5.4: Detection results for four malignant predictions by the Slice-wise model

5.2 Concluding Remarks

In terms of the Volume-wise model, the Top-10 approach was the simulation that achieved better results in the validation set, surpassing the Adaptive Top-k Pooling-based approach. However, when these two approaches were later evaluated, the performance of the Top-10 turned out not to be so outstanding as the Adaptive Top-k approach. This lead to the conclusion that a general hyper-parameter *k* optimal for a dataset may not be as optimal for another different dataset. That said, relying on a fixed amount of slices to classify future volumes is clearly not the best option, enforcing the idea that the Adaptive Top-k Pooling-based strategy is the most convenient approach as its the one capable of finding an optimal number of continuous slices adapted to each volume.

The Slice-wise model was trained, validated and tested with the slices provided from the Volumewise. In that sense, some of those slices were surely misclassified as the first model did not reach an accuracy of 100%. Even if it did, there were no ground truth slices annotated to compare and confirm that selection. In the end, even operating with uncertainty on the data, the Slice-wise model was still capable of achieving positive accuracy results and a proper detection of malignant lesions, giving evidences that the slices facilitated by the Volume-wise model were indeed in conformity with the malignant lesion.

6

Conclusions

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6.1 Conclusions

Breast cancer is the most common form of cancer affecting women. Its early detection has been proven to be highly beneficial when found in its earliest and most treatable stages. For that, regular screenings and different imaging modalities should be taking into account. Due to its sensitivity, MRI screening has been used along side with mammograms to screen women who are at a high risk of having BC. However, as screenings increases, the time spent in their analyses also increases, which could overwhelm radiologists. In the attempt to overcome this problem, different types of CAD systems have been emerging for a while, with recent developments promoting their usage with Deep Learning models.

In this work, a Deep MIL system is developed with the intention of helping radiologists in their workflow. The aim of the system is to diagnose MRI volumes, select the respective slices that triggered that diagnosis and finally, within those slices, highlight the abnormal regions. Furthermore, this work also explores a private new dataset that contains labelled MRI scans for several volumes, excluding more robust annotations such as lesion location.

One of the problems with the MIL approaches is that the number of instances selected to classify a bag is fixed and not adapted to each case. However, this work proposed a method that adaptively selects a continuous amount of slices to classify an MRI volume. Since some of the MRI volumes have more than one hundred slices, this accomplishment could be very helpful for radiologists as it excludes irrelevant slices within those volumes. From the results obtained, this approach ended up being more consistent and more reliable comparing to the general MIL approach — Max Pooling-based, and comparing to the approach that relies on a fixed amount of slices to classify a volume — Top-k Pooling-based.

Beyond volume-wise classification and slice-selection, another objective established for this work was to perform slice-wise classification and lesion detection within the slices. Even though the dataset only had weak-labels at a volume-level instead of a slice-level, this part of the work was still possible due to the previous extraction of slices by the former model. However, as expected, the performance of this model was not so outstanding as the former one in terms of classification. We do not consider this as a problem since, from a medical perspective, the volume-wise classification is the one that truly matters. Besides, it was still possible to highlight the abnormal regions of the slices through heat maps, meaning that the radiologists could also reconfirm the position of the lesion within the slices when making their final judgment.

6.2 Future Work

Due to the positive results achieved, this thesis can serve as a starting point for other works that may want to explore the MIL framework.

Remembering that this work only used the DCE sub sequence, one of the possibilities to extend it would be to explore and compare the behavior of the proposed system with different MRI sequences as input. Once this work is done, it also could be enlarged to another type of BC screening modality, such as the Mammography or even the Ultrasound. This way, it would be possible not only to conclude whether the DCE sub sequence is indeed the most reliable sequence but also to compare the performance of the different screenings used in the BC field.

Another possibility to extend this work would be by adding benign cases to the dataset, with the purpose of distinguishing Severe cases (malign) from Mild cases (no lesion or benign). In practical terms, this is the same as establishing a binary classifier prepared to discriminate volumes with BI-RADS $\{1,2,3\}$ from $\{4,5\}$.

Finally, we believe that the progression of the dataset used is also of great importance. Despite the results obtained, it would be worthwhile to understand the behavior of the models proposed when trained and evaluated with more data. Furthermore, adding more annotations to the data regarding the location and size of the lesions within the volumes would also be beneficial for future work. With this type of additional information it will be possible not only to compare if the slices selected are indeed the slices that justifies the classification but also to truly assess the lesion detection results.

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